

Laurel Jenkins

Performance Intensive

The Kinesthetic Dimension of Costumes

August 7-10 Mon-Thu 5:30-8:30 pm

Contemporary Dance and Fitness Studio

18 Langdon Street Montpelier, VT 05602

(802) 229-4676 www.cdandfs.com

August 11th Fri 5 pm tech, 8 pm performance, Phantom Theater

August 12th Sat 6 pm call, 8 pm performance, Phantom Theater

Register through CD&FS Total Cost: \$100.00



Laurel Jenkins (formerly Tentindo) returns to CD&FS August 7-12 to lead a week-long performance workshop on the kinesthetic dimension of costumes. The warm-up will draw from the Skinner Releasing Technique™ to cultivate performers' presence and responsiveness to materials. Participants will build costumes with fabric, paper, tape, string, and wood, move in response to the materials, and inhabit a devised performance structure. The aim is to evoke visually rich imagery from the embodied experience. Performers of all ages and abilities are welcome. No dance experience necessary, only a desire to explore and deepen.